



Midwoofery Sample Newborn Resuscitation Protocol

Sample resuscitation steps

1. **Keep the puppy warm.** We use towels that have been warmed in the dryer throughout whelping for this purpose.
2. **Clear the puppy's airway** using a Delee catheter or bulb syringe
3. **Stimulate the puppy** to encourage breathing
 - a. Vigorously rub back, genital region, umbilical region
 - b. Continue rubbing if the puppy is breathing but gasping and not yet breathing normally
4. If the puppy doesn't start breathing **within 30 seconds** use **Acupuncture point GV26**
5. If the puppy doesn't breathe **within 30 seconds of acupuncture**, you can try **mouth to snout resuscitation**. Hold the puppy's head and cover its mouth and nose with yours. Puff your breath into the puppy. Too much pressure can rupture lungs, so don't puff too hard.
6. You want to work fast, but remember not to give up too soon. Continue your efforts for **up to 30 minutes**.

Resuscitation acupuncture point— Governing vessel 26 (GV26)

When to use: This technique can resuscitate puppies that have a heartbeat but haven't taken a first breath yet.

Location: The point is where the nose leather meets the upper lip.

Technique: Insert the needle down to the bone for 10-30 seconds. This triggers breathing in most cases. You can press hard with a fingernail and vibrate it if you don't have a needle handy.

Caution: Never use this technique on a conscious puppy

